

CIRCLE OF LIFE™ COACHING

with Rev. Deanne Hodgson RN



Deanne is a transformational healer with over 50 years experience. Enriched by an educational and professional background in medicine(RN), psychology (BA)and spirituality (M.Div.), she offers a holistic approach to guide her clients toward a balanced and fulfilling life.



Turn the stumbling blocks in your life into stepping stones.

**Is there an area of your life
~ that needs attention?
~ that is weighing you down?
or
~ holding you back from living a
more happy, healthy and peaceful life?**

This is an opportunity to create a more joyful and meaningful life.

Invest in yourself ~ you are worth it ~ have fun as you actualize your life's purpose.



Circle of Life™ is a personal improvement process through which you discover your challenges and your strengths. In the initial six week program you will create a powerful path for moving forward, set achievable goals, identify action steps to get you there and celebrate success along the way.

Testimonials from Deanne's clients

- I want to thank you for these coaching sessions. They are helping me tremendously. I am sleeping better and I wake up feeling less stress. Now when my neck gets stiff or I feel anxious, I have tools to relieve those stressful feelings and to relax my body. This coaching experience is an amazing. CD 55
- Your healing energy and loving presence added so much to this experience. A.F. 58
- I discovered that my anger was coming from low self esteem and fear. The Circle of Life coaching process is helping me create options in dealing with issues like self worth and fear. I definitely feel more in control of my life now. LS, 63 T. R.
- Since the coaching, I'm having fun with my weight loss program...I'm not being so hard on myself...I'm actually enjoying it as a life change instead of just losing weight. JM 43
- Deanne, you have given me the gift of seeing a new vision for my life. M.S. 72



*If you want to awaken all of humanity, then awaken all of yourself.
If you want to eliminate the suffering in the world,
then eliminate all that is dark and negative in yourself.
Truly, the greatest gift you have to give is that of your own self-transformation. Lao Tsu*

If you or someone you know might benefit from this process,
or for more information,
please contact Deanne at 602-538-9237 or deannehodgson@gmail.com
To learn more about Deanne you can visit her website www.appliedtaichi4u.com